



Sweet Beginnings

Early Learning Center

March 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1 BREAKFAST: English Muffin w/jelly, apples, milk LUNCH: Turkey roll-up, green beans, melon, milk SNACK: Hummus & carrots	2 BREAKFAST: Sausage biscuit, blueberries, milk LUNCH: Roasted garlic chicken pizza, broccoli, oranges, milk SNACK: Goldfish & milk	3 BREAKFAST: Cinnamon toast, pears, milk LUNCH: Beef Enchiladas, corn, mixed fruit, milk SNACK: String cheese & crackers
6 BREAKFAST: Rice krispies, banana, milk LUNCH: Ham & cheese stromboli, green beans, pineapple, milk SNACK: Roasted chick peas & cucumbers	7 BREAKFAST: Pancakes, applesauce, milk LUNCH: Beef stroganoff, corn, cantaloupe, milk SNACK: Chex-mix & milk	8 BREAKFAST: Bagel w/cream cheese, oranges, milk LUNCH: Baked chicken, potato salad, roll, apples, milk SNACK: Graham crackers & yogurt	9 BREAKFAST: Oatmeal, pears, milk LUNCH: Bean & cheese burrito, peas, peaches, milk SNACK: Animal crackers & milk	10 BREAKFAST: Cinnamon roll, melon, milk LUNCH: Teriyaki chicken casserole w/stir-fry veggies, rice, mixed fruit, milk SNACK: String cheese & crackers
13 BREAKFAST: Corn flakes, banana, milk LUNCH: Spaghetti w/beef, peas, pineapple, milk SNACK: Cottage cheese & cucumbers	14 BREAKFAST: Waffles, grapes, milk LUNCH: French toast, sausage patty, hash brown, peaches, milk SNACK: Graham crackers & milk	15 BREAKFAST: English Muffin w/jelly, apples, milk LUNCH: Baked ham and cheese sandwich, tomato soup, melon, milk SNACK: Hummus & carrots	16 BREAKFAST: Biscuits & gravy, blueberries, milk LUNCH: Meatball sub, green beans, oranges, milk SNACK: Cheese sandwich & milk	17 BREAKFAST: Cinnamon toast, pears, milk LUNCH: Buffalo chicken alfredo casserole, mixed fruit, broccoli, milk SNACK: String cheese & crackers
20 BREAKFAST: Bran flakes, banana, milk LUNCH: Stuffed ham & cheese biscuits, broccoli, grapes, milk SNACK: Apples & yogurt	21 BREAKFAST: Pancakes, oranges, milk LUNCH: Vegetable beef soup w/mixed veggies, saltine crackers, plums, milk SNACK: Goldfish & milk	22 BREAKFAST: Bagel w/cream cheese, applesauce, milk LUNCH: Taco pasta salad w/beans, corn, peaches, milk SNACK: Roasted chick peas & cucumbers	23 BREAKFAST: Sausage biscuit, melon, milk LUNCH: Chicken salad sandwich, crescent roll, peas, apples, milk SNACK: Chex-mix & milk	24 BREAKFAST: Toast w/jelly, milk LUNCH: Cowboy casserole w/beef, tater tots, mixed fruit, milk SNACK: String cheese & crackers
27 BREAKFAST: Cheerios, banana, milk LUNCH: Turkey sandwich, carrots, apple sauce, milk SNACK: Graham crackers & yogurt	28 BREAKFAST: Oatmeal, peaches, milk LUNCH: Chicken macaroni salad, peas, oranges, milk SNACK: Cheese sandwich & milk	29 BREAKFAST: English Muffin w/jelly, pears, milk LUNCH: Vegetable beef soup, saltine crackers, kiwi, milk SNACK: Cottage cheese & cucumbers	30 BREAKFAST: Breakfast pizza, blueberries, milk LUNCH: Lemon pepper fish, roll, carrots, pineapple, milk SNACK: Animal crackers & milk	31 BREAKFAST: Cinnamon roll, milk LUNCH: Chicken pot pie casserole w/mixed veggies grapes, milk SNACK: String cheese & crackers

