


Sweet Beginnings

Early Learning Center

May 2016

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>BREAKFAST: Rice krispies, banana, milk</p> <p>LUNCH: Mac & cheese w/ beef, green beans, grapes, milk</p> <p>SNACK: Pretzels & cottage cheese</p>	<p>3</p> <p>BREAKFAST: Pancakes, pineapple, milk</p> <p>LUNCH: Spaghetti Carbonara, ham, broccoli, watermelon, milk</p> <p>SNACK: Chex-mix & milk</p>	<p>4</p> <p>BREAKFAST: Bagels w/cream cheese, apples, milk</p> <p>LUNCH: Turkey and cheese roll -up, corn, pears, milk</p> <p>SNACK: Pita chips & guacamole</p>	<p>5</p> <p>BREAKFAST: Sausage biscuit, melon, milk</p> <p>LUNCH: Beef stroganoff, carrots, kiwi, milk</p> <p>SNACK: Animal crackers & milk</p>	<p>6</p> <p>BREAKFAST: Toast w/jelly applesauce, milk</p> <p>LUNCH: Chicken salad croissants, cucumbers, oranges, milk</p> <p>SNACK: String cheese & crackers</p>
<p>9</p> <p>BREAKFAST: Corn flakes, banana, milk</p> <p>LUNCH: Bean & cheese burritos, corn, watermelon, milk</p> <p>SNACK: Hummus & Flatbread</p>	<p>10</p> <p>BREAKFAST: Waffles, blueberries, milk</p> <p>LUNCH: Chicken caesar pasta salad w/lettuce & tomato, grapes, milk</p> <p>SNACK: Goldfish & milk</p>	<p>11</p> <p>BREAKFAST: English muffins w/jelly, applesauce, milk</p> <p>LUNCH: Lemon pepper fish, breadstick, mashed potatoes, oranges, milk</p> <p>SNACK: Frozen chocolate yogurt & graham crackers</p>	<p>12</p> <p>BREAKFAST: Biscuits & gravy, pears, milk</p> <p>LUNCH: Spaghetti squash lasagna w/beef, breadstick, apples, milk</p> <p>SNACK: Chex-mix & milk</p>	<p>13</p> <p>BREAKFAST: Breakfast pizza, melon, milk</p> <p>LUNCH: Baked Ham and cheese sandwich, broccoli, mixed fruit, milk</p> <p>SNACK: Cheese & crackers</p>
<p>16</p> <p>BREAKFAST: Bran flakes, banana, milk</p> <p>LUNCH: Sloppy joes w/ bun, green beans, papaya, milk</p> <p>SNACK: Pita chips & guacamole</p>	<p>17</p> <p>BREAKFAST: Pancakes, pineapple, milk</p> <p>LUNCH: Mexican pasta salad w/black beans, corn, tomatoes, oranges, milk</p> <p>SNACK: Cheese sandwich & milk</p>	<p>18</p> <p>BREAKFAST: English Muffin, apples, milk</p> <p>LUNCH: Chicken Alfredo pasta, broccoli, plums, milk</p> <p>SNACK: Cottage cheese & carrots</p>	<p>19</p> <p>BREAKFAST: French toast blueberries, milk</p> <p>LUNCH: Beef Enchiladas, mixed veggies, grapes, milk</p> <p>SNACK: Flower rice krispy treat & milk</p>	<p>20</p> <p>BREAKFAST: Cinnamon toast, pears, milk</p> <p>LUNCH: Turkey sub sandwich, cucumbers, applesauce, milk</p> <p>SNACK: String cheese & crackers</p>
<p>23</p> <p>BREAKFAST: Cheerios, banana, milk</p> <p>LUNCH: Quesadillas w/beef, corn, grapes, milk</p> <p>SNACK: Graham crackers & yogurt</p>	<p>24</p> <p>BREAKFAST: Waffles, pineapple, milk</p> <p>LUNCH: Italian chicken pasta salad w/cucumber, pears, milk</p> <p>SNACK: Animal crackers & milk</p>	<p>25</p> <p>BREAKFAST: Bagel w/cream cheese, applesauce, milk</p> <p>LUNCH: Turkey and cheese pinwheels, carrots, cantaloupe, milk</p> <p>SNACK: Goldfish & Grapes</p>	<p>26</p> <p>BREAKFAST: Oatmeal, blueberries, milk</p> <p>LUNCH: Tuna casserole w/peas, watermelon, milk</p> <p>SNACK: Muffins & milk</p>	<p>27</p> <p>BREAKFAST: Cinnamon roll, kiwi, milk</p> <p>LUNCH: Cheeseburger w/bun, mixed veggies, mixed fruit & milk</p> <p>SNACK: Cheese & crackers</p>
<p>30</p> 	<p>31</p> <p>BREAKFAST: Pancakes, banana, milk</p> <p>LUNCH: BBQ Ranch pasta salad w/beef, broccoli, grapes, milk</p> <p>SNACK: Cucumbers & cottage cheese</p>			

