



## October 2016 Newsletter



### Enrichment classes!

We have started a new, parent-paid class! Trainers from Progress Fitness have started a Fit Kids class for children ages 3 and up. Cost will be \$35/month and classes will take place once a week.

Don't forget to sign up for tumbling! This class is offered to children ages 2 and up at the North Oak location through KC Gymnastics. You should have received a flyer from your child's teacher with all the details. Coming soon to the Parkville location!

### Infant/Child CPR & First Aid

Mark your calendars to enroll and

### It's that time of year!

Please remember the following Sweet Beginnings policies regarding illness and medication:

If your child exhibits any of the following symptoms while in our care, you will be contacted immediately and asked to pick them up from the facility within one hour of being called.

\***Fever** of 100 degrees Fahrenheit by digital forehead thermometer or 99 degrees Fahrenheit under the arm

\***Vomiting** more than once

\***Diarrhea** – more than one abnormally loose stool ☐

become CPR & First Aid Trained and Certified on Saturday, Nov. 5, 2016 or Saturday Feb. 25, 2017. Both training dates will be 8:30 a.m. - 12:30 p.m. at Sweet Beginnings North Oak. The cost is \$40/person, payable the day of class.

### **Medication Authorization**

Sweet Beginnings will not administer over-the-counter medications, such as cough medicine or fever reducers, unless prescribed by a doctor, as these may mask illnesses that could be contagious to other children in our care. If your child has been evaluated by a physician and is well enough to return to school but still needs medication, you must provide a doctor's note and complete a Medication Authorization Form. This enables us to legally administer medicine to your child when you are not available. We will not do so unless this form is completed in its entirety and signed by the parent or legal guardian.

### **Sweet Beginnings - North Oak**

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Director: Della Evans

### **Sweet Beginnings – Parkville**

**\*Severe coughing** – if the child gets red or blue in the face or makes high pitched, croupy or whooping sounds after coughing ☐

**\*Difficult or rapid breathing** – especially important in infants under the age of 6 months ☐

**\*Yellowish skin or eyes**

**\*Pinkeye** – tears, redness of eyeball or eyelid lining, irritation, swelling or discharge of pus ☐

**\*Unusual spots or rashes**

**\*Sore throat** – trouble swallowing, refusing bottle or food ☐

**\*Infected skin patch/patches** – crusty, bright yellow, dry or gummy areas of the skin ☐

**\*Grey or white stool**

**\*Headache or stiff neck** ☐ ☐

**\*Severe itching of the body or scalp** – this could be signs of lice or scabies ☐

**\*Unable to participate normally in daily activities**

### **Tuition Dates**

Weekly Payments due:

Fridays, Oct. 7, 14, 21, 28

Monthly Payments due:

Monday, Oct. 31

### **Important Dates**

Our Fall Parties will be Monday, October 31st from 4-5pm. Costumes

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Director: Brandi Staples

are welcome! Please have your child bring his/her costume to school so he/she can change into it after nap time. There will be a sign-up sheet posted for parents who wish to bring treats/snacks as the date approaches.

### **Things to do in Kansas City**

If you are looking for some free, fun family activities, follow the link below for a lot of suggestions for the month of October!

[www.kcparent.com/Calendar](http://www.kcparent.com/Calendar)