



Sweet Beginnings

Early Learning Center

December 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				1 BREAKFAST: Bagels w/Cream Cheese, Applesauce, Milk LUNCH: Shepherd's Pie w/Beef, Mixed Veggies, Mixed Fruit, Breadstick, Milk SNACK: Cheese & Crackers
4 BREAKFAST: Rice Krispies, Peaches, Milk LUNCH: French Bread Pizza w/Beef, Green Beans, Oranges, Milk SNACK: Apples & Cheese	5 BREAKFAST: Waffles, Bananas, Milk LUNCH: Turkey Sub Sandwiches, Cucumbers, Applesauce, Milk SNACK: Chex-Mix & Milk	6 BREAKFAST: Oatmeal Muffins, Blueberries, Milk LUNCH: Grilled Ham & Cheese Sandwich, Tomato Soup, Peaches, Milk SNACK: Yogurt & Cheerios	7 BREAKFAST: Biscuits & Gravy, Pears, Milk LUNCH: Mac & Cheese w/Spinach & Ham, Applesauce, Peas, Milk SNACK: Animal Crackers & Milk	8 BREAKFAST: English Muffins, Blueberries, Milk LUNCH: Spaghetti w/Beef, Salad, Mixed Fruit, Milk SNACK: Cheese & Crackers
11 BREAKFAST: Cheerios, Peaches, Milk LUNCH: Meatloaf, Corn, Apples, Saltine Crackers, Milk SNACK: Yogurt & Mixed Fruits	12 BREAKFAST: Sausage Biscuit, Blueberries, Milk LUNCH: Chicken Quesadillas, Green Beans, Applesauce, Milk SNACK: Graham Crackers & Milk	13 BREAKFAST: Cinnamon Toast, Pears, Milk LUNCH: Broccoli & Cheese Soup, Ham Roll-Up, Grapes, Milk SNACK: Edamame & Hard Boiled Eggs	14 BREAKFAST: Pancakes, Apples, Milk LUNCH: Sloppy Joes w/Bun, Carrots, Pineapple, Milk SNACK: Goldfish & Milk	15 BREAKFAST: Bagels w/Cream Cheese, Oranges, Milk LUNCH: Italian Chicken, Mashed Potatoes, Mixed Fruit, Roll, Milk SNACK: Cheese & Crackers
18 BREAKFAST: Corn Flakes, Peaches, Milk LUNCH: Enchiladas w/Beef, Corn, Applesauce, Milk SNACK: Pretzels & Cottage Cheese	19 BREAKFAST: Waffles, Pears, Milk LUNCH: Lemon Pepper Fish, Green Beans, Melon, Breadstick, Milk SNACK: Cheesy Garlic Bread & Milk	20 BREAKFAST: Scrambled Eggs, Oranges, Milk LUNCH: Chicken Noodle Soup, Peas, Apple, Milk SNACK: Wheat Thins & Carrots	21 BREAKFAST: Oatmeal, Applesauce, Milk LUNCH: Turkey Roll-Up, Peas, Grapes, Milk SNACK: Banana Muffins & Milk	22 BREAKFAST: Pancakes, Peaches, Milk LUNCH: Chicken w/Rice, Broccoli, Oranges, Milk SNACK: Cheese & Crackers
25 Happy Holidays	26 Happy Holidays	27 BREAKFAST: Cinnamon Toast, Pears, Milk LUNCH: Vegetable Beef Soup w/Mixed Veggies, Grapes, Saltine Crackers, Milk SNACK: Celery & Cottage Cheese	28 BREAKFAST: Biscuits & Gravy, Apples, Milk LUNCH: Refried Beans, Peas, Tortilla Chips, Pineapple, Milk SNACK: Graham Crackers & Milk	29 BREAKFAST: Croissant W/Jelly , Grapes, Milk LUNCH: Ham, French Toast, Banana, Hash Browns, Milk SNACK: Cheese & Crackers

