



Sweet Beginnings Early Learning Center

February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 BREAKFAST: Pita Pocket & Sausage, Oranges Milk LUNCH: Chicken Alfredo, Cucumbers, Grapes, Milk SNACK: Animal Crackers (WG) & Milk	2 BREAKFAST: Cinnamon Toast (WG), Apples, Milk LUNCH: Beef Stroganoff, Corn, Mixed Fruit, Milk SNACK: Cheese & Crackers
5 BREAKFAST: Rice Krispies, Pears, Milk LUNCH: Hamburger Pizza, Green Beans, Apples, Milk SNACK: Edamame & Toasted Tortillas (WG)	6 BREAKFAST: Pancakes (WG), Bananas, Milk LUNCH: Cucumber Ranch Turkey Wraps (WG), Peaches, Milk SNACK: Chex-Mix & Milk	7 BREAKFAST: Bagel w/Cream Cheese, Oranges, Milk LUNCH: Grilled Ham & Cheese Sandwich (WG), Tomato Soup, Peas, Milk SNACK: Cottage Cheese & Carrots	8 BREAKFAST: Oatmeal (WG), Pears, Milk LUNCH: Taco Salad w/Beef, Tortillas Chips (WG), Tomatoes, Lettuce, Melon, Milk SNACK: Breadsticks (WG) & Milk	9 BREAKFAST: French Toast (WG), Melon, Milk LUNCH: Meatball Sub Sandwich, Corn, Mixed Fruit, Milk SNACK: Cheese & Crackers
12 BREAKFAST: Corn Flakes, Apples, Milk LUNCH: Goulash (WG) w/Beef, Corn, Oranges, Milk SNACK: Grapes & Cheese	13 BREAKFAST: English Muffins (WG), Peaches, Milk LUNCH: Ham & Cheese Egg Burrito (WG), Banana, Hash Browns, Milk SNACK: Graham Crackers (WG) & Milk	14 BREAKFAST: Waffles (WG), Pineapple, Milk LUNCH: Chicken & Dumpling Soup w/Mixed Veggies, Mixed Fruit, Milk SNACK: Strawberry Muffins & Applesauce	15 BREAKFAST: Biscuits & Gravy, Blueberries, Milk LUNCH: Turkey Sub Sandwich, Carrots, Green Beans, Milk SNACK: Goldfish (WG) & Milk	16 BREAKFAST: Toast (WG) w/Jelly, Pears, Milk LUNCH: Cheesy Chicken & Rice (WG), Broccoli, Mixed Fruit, Milk SNACK: Cheese & Crackers
19 BREAKFAST: Bran Flakes, Peaches, Milk LUNCH: Chicken Quesadillas (WG), Corn, Melon, Milk SNACK: Apples & Yogurt	20 BREAKFAST: Bagel w/Cream Cheese, Oranges, Milk LUNCH: Lemon Pepper Fish, Roll (WG), Carrots, Bananas, Milk SNACK: Cheesy Garlic Bread & Milk	21 BREAKFAST: Pancakes (WG), Applesauce, Milk LUNCH: Chili, Saltine Crackers, Peas, Pears, Milk SNACK: Oranges & Croissant	22 BREAKFAST: Oatmeal (WG), Blueberries, Milk LUNCH: BBQ Chicken, Mashed Potatoes, Grapes, Breadsticks (WG), Milk SNACK: Chex- Mix & Milk	23 BREAKFAST: Rice (WG) & Egg Cups, Bananas, Milk LUNCH: Cheeseburger Casserole (WG), Green Beans, Mixed Fruit, Milk SNACK: Cheese & Crackers
26 BREAKFAST: Cheerios (WG), Apples, Milk LUNCH: Sloppy Joes w/Bun, Peaches, Peas, Milk SNACK: Spinach Dip & Pita Bread	27 BREAKFAST: Waffles (WG), Bananas, Milk LUNCH: Eggs & Ham, Tater Tots, Roll (WG), Oranges, Milk SNACK: Goldfish (WG) & Milk	28 BREAKFAST: English Muffin (WG), Blueberries, Milk LUNCH: Broccoli & Cheese Soup, Turkey Sandwich w/Pita Bread, Applesauce, Milk SNACK: Animal Crackers & Yogurt		