



Sweet Beginnings Early Learning Center

April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 BREAKFAST: Cheerios (WG), Apples, Milk LUNCH: Mac (WG) & Cheese w/Ham & Spinach, Peas, Oranges, Milk SNACK: Graham Crackers & Yogurt</p>	<p>3 BREAKFAST: Biscuits & Gravy, Peaches, Milk LUNCH: BBQ Chicken, Potato Salad, Grapes, Breadstick (WG), Milk SNACK: Wheat Thins (WG) & Milk</p>	<p>4 BREAKFAST: English Muffin w/Jelly, Oranges, Milk LUNCH: Turkey Roll-Up (WG), Cucumbers, Watermelon, Milk SNACK: Mini Cheese Pizza</p>	<p>5 BREAKFAST: Sausage Biscuit, Blueberries, Milk LUNCH: Cheese Quesadilla (WG), Bell Peppers, Peaches, Milk SNACK: Meatballs & Milk</p>	<p>6 BREAKFAST: Toast (WG) w/Jelly, Apples, Milk LUNCH: Hamburger Pizza, Corn, Mixed Fruit, Milk SNACK: Cheese & Crackers</p>
<p>9 BREAKFAST: Rice Krispies, Oranges, Milk LUNCH: Beef Stroganoff (WG), Green Beans, Peaches, Milk SNACK: Edamame & Cottage Cheese</p>	<p>10 BREAKFAST: Pancakes(WG), Applesauce, Milk LUNCH: Turkey, Roll (WG), Peas, Mashed Potatoes, Milk SNACK: Chex- Mix & Milk</p>	<p>11 BREAKFAST: Bagel w/ Cream Cheese, Peaches, Milk LUNCH: Lemon Pepper Fish, Breadstick (WG), Broccoli, Pineapple, Milk SNACK: Oranges & Pretzels</p>	<p>12 BREAKFAST: Oatmeal (WG), Pears, Milk LUNCH: Black Beans, Corn, Lettuce, Tomatoes, Rice, Milk SNACK: Cheesy Garlic Bread & Milk</p>	<p>13 BREAKFAST: Pita Pocket w/ Sausage, Milk LUNCH: Chicken Enchiladas (WG), Cucumbers, Mixed Fruit, Milk SNACK: Cheese & Crackers</p>
<p>16 BREAKFAST: Corn Flakes, Oranges, Milk LUNCH: Goulash (WG) w/Beef, Broccoli, Applesauce, Milk SNACK: Cucumbers & Cheese</p>	<p>17 BREAKFAST: Waffles (WG), Pineapple, Milk LUNCH: Cheeseburger (WG), Corn, Peaches, Milk SNACK: Apples Muffins & Milk</p>	<p>18 BREAKFAST: Scrambled Eggs, Apples, Milk LUNCH: Turkey & Cheese Pinwheels (WG), Carrots, Celery, Milk SNACK: Yogurt & Mixed Berries</p>	<p>19 BREAKFAST: Biscuits & Gravy, Blueberries, Milk LUNCH: Tuna Casserole, Peas, Cantaloupe, Milk SNACK: Animal Crackers(WG) & Milk</p>	<p>20 BREAKFAST: English Muffin w/Jelly, Pears, Milk LUNCH: French Toast (WG), Ham, Hash Brown, Mixed Fruit, Milk SNACK: Cheese & Crackers</p>
<p>23 BREAKFAST: Bran Flakes, Apples, Milk LUNCH: Meatloaf, Saltine Crackers, Green Beans, Oranges, Milk SNACK: Goldfish (WG) & Celery</p>	<p>24 BREAKFAST: Pancakes (WG), Grapes, Milk LUNCH: Italian Chicken, Side Salad, Breadstick (WG), Peaches, Milk SNACK: Baked Zucchini & Milk</p>	<p>25 BREAKFAST: Bagel w/ Cream Cheese, Applesauce, Milk LUNCH: Grilled Ham & Cheese Sandwich (WG), Carrots, Pears, Milk SNACK: Spinach Dip & Wheat Thins (WG)</p>	<p>26 BREAKFAST: Sausage Biscuit, Blueberries, Milk LUNCH: Tater Tot Casserole w/ Beef, Roll (WG), Pineapple, Milk SNACK: Breadsticks (WG) & Milk</p>	<p>27 BREAKFAST: Oatmeal (WG), Melon, Milk LUNCH: Cucumber Ranch Turkey Wrap (WG), Mixed Fruit, Milk SNACK: Cheese & Crackers</p>

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BREAKFAST:

Cheerios, Peaches, Milk

LUNCH:

Bacon Ranch Chicken

Salad, Breadstick,

Oranges, Milk

SNACK:

Cheeze-its & Apples

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