



Sweet Beginnings

Early Learning Center

June 2018

Monday	Tuesday	Wednesday	Thursday	Friday
				1 BREAKFAST: Cinnamon Toast, Peaches, Milk LUNCH: Turkey & Cheese Sub, Carrots, Mixed Fruit, Milk SNACK: Cheese & Crackers
4 BREAKFAST: Rice Krispies, Oranges, Milk LUNCH: Goulash w/Beef, Broccoli, Apples, Milk SNACK: Pretzels & Cottage Cheese	5 BREAKFAST: Pancakes, Blueberries, Milk LUNCH: Italian Chicken, Cucumber Salad, Corn, Grapes, Milk SNACK: Goldfish & Milk	6 BREAKFAST: Bagels w/Cream Cheese, Applesauce, Milk LUNCH: Ham & Cheese Sandwich, Peas, Peaches, Milk SNACK: Fruit Salas & Cinnamon Tortilla Chips	7 BREAKFAST: Oatmeal, Pears, Milk LUNCH: Beef Stroganoff, Carrots, Apples, Milk SNACK: Chex-Mix & Milk	8 BREAKFAST: Toast w/Jelly, Melon, Milk LUNCH: Cheese Quesadillas, Green Beans, Mixed Fruit, Milk SNACK: Cheese & Crackers
11 BREAKFAST: Corn Flakes, Pears, Milk LUNCH: Sloppy Joes w/Bun, Green Beans, Peaches, Milk SNACK: Yogurt & Apples	12 BREAKFAST: Waffles, Oranges, Milk LUNCH: Ham, Loaded Potato Salad, Roll, Kiwi, Milk SNACK: Graham Crackers & Milk	13 BREAKFAST: English Muffins w/Jelly, Apples, Milk LUNCH: Cheeseburger w/Bun, Mixed Veggies, Tater Tot, Milk SNACK: Cottage Cheese & Carrots	14 BREAKFAST: French Toast, Blueberries, Milk LUNCH: Bean & Cheese Burrito, Corn, Watermelon, Milk SNACK: Banana Bread & milk	15 BREAKFAST: Cinnamon Toast, Pears, Milk LUNCH: Sweet & Sour Chicken, Rice, Stir-Fry Veggies, Melon, Milk SNACK: Cheese & Crackers
18 BREAKFAST: Bran Flakes, Oranges, Milk LUNCH: BBQ Chicken Pizza, Broccoli, Grapes, Milk SNACK: Cheese - Itz & Apples	19 BREAKFAST: Pancakes, Applesauce, Milk LUNCH: Taco Salad w/Beef, Tortilla Chips, Corn, Watermelon, Milk SNACK: Animal Crackers & Milk	20 BREAKFAST: Bagels w/Cream Cheese, Pears, Milk LUNCH: Hot Ham & Cheese Pannini, Green Beans, Oranges, Milk SNACK: Tortilla Chips & Salsa	21 BREAKFAST: Biscuits & Gravy, Blueberries, Milk LUNCH: Turkey, Mashed Potatoes, Peaches, Roll, Milk SNACK: Goldfish & Milk	22 BREAKFAST: Toast w/Jelly, Applesauce, Milk LUNCH: Chicken Pot Pies w/Carrots, Mixed Fruit, Milk SNACK: Cheese & Crackers
25 BREAKFAST: Cheerios, Pears, Milk LUNCH: Chicken Fajita Bake w/Bell Peppers, Tortilla, Applesauce, Milk SNACK: Graham Crackers & Yogurt	26 BREAKFAST: Waffles, Watermelon, Milk LUNCH: Spaghetti w/Beef, Side Salad, Mixed Fruit, Milk SNACK: Animal Crackers & Milk	27 BREAKFAST: English Muffin w/Jelly, Apples, Milk LUNCH: Seasoned Fish, Green Beans, Roll, Peaches, Milk SNACK: Pretzels, Cottage Cheese	28 BREAKFAST: Sausage Biscuit, Blueberries, Milk LUNCH: Chicken Alfredo, Peas, Melon, Milk SNACK: Oatmeal Cookies & Milk	29 BREAKFAST: Cinnamon Roll, Oranges, Milk LUNCH: Turkey & Cheese Roll-Up, Cucumbers, Pears, Milk SNACK: Cheese & Crackers