



# Sweet Beginnings Early Learning Center

## October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>BREAKFAST:</b> Cereal w/ Apples, Milk</p> <p><b>LUNCH:</b> BBQ Chicken w / Mashed Pots, Green Beans, Pears, Milk</p> <p><b>SNACK:</b> Teddy Grahams and Cheese</p>	<p><b>BREAKFAST:</b> Waffles w/ Blueberries, Milk</p> <p><b>LUNCH:</b> Turkey Sand. w/ Carrots, Bananas, Milk</p> <p><b>SNACK:</b> Rice Crispy w/ Milk</p>	<p><b>BREAKFAST:</b> Cinn. Toast w/ Oranges, Milk</p> <p><b>LUNCH:</b> Glazed Ham w / Beans, Peas, Applesauce, Milk</p> <p><b>SNACK:</b> Chex Mix</p>	<p><b>BREAKFAST:</b> Yogurt and Granola w/ Strawberries, Milk</p> <p><b>LUNCH:</b> Grilled Cheese Sand., Tomato Soup, Broccoli, Apples</p> <p><b>SNACK:</b> Oatmeal Cookies, Milk</p>	<p><b>BREAKFAST:</b> Cinnamon Rolls w/ Peaches, Milk</p> <p><b>LUNCH:</b> Taco Casserole, Corn, Pears, Milk</p> <p><b>SNACK:</b> Party Mix</p>
<p><b>BREAKFAST:</b> Cereal w/ Blueberries, Milk</p> <p><b>LUNCH:</b> Chicken Broccoli Alfredo w/ Breadsticks, Kiwi, Milk</p> <p><b>SNACK:</b> Hummus w/ Veggie Sticks</p>	<p><b>BREAKFAST:</b> Pancakes w/ Applesauce, Milk</p> <p><b>LUNCH:</b> Hot Ham n Cheese Sand., Tater Tots, Cauliflower, Honeydew, Milk</p> <p><b>SNACK:</b> Animal Crackers, Cheese, Milk</p>	<p><b>BREAKFAST:</b> Sausage and Cheese English Muffins, Pears</p> <p><b>LUNCH:</b> Turkey w, Gravy, Rice, Carrots, Roll, Apples, Milk</p> <p><b>SNACK:</b> Berry Muffins</p>	<p><b>BREAKFAST:</b> Bagels w/ Cream Cheese, Oranges, Milk</p> <p><b>LUNCH:</b> BBQ Lil Smokies w Mashed Pots., Mixed Veggies, Peaches, Milk</p> <p><b>SNACK:</b> Goldfish, Milk</p>	<p><b>BREAKFAST:</b> Waffles Bananas, Milk</p> <p><b>LUNCH:</b> Chili w/ Corn bread, Corn, Cantaloupe, Milk</p> <p><b>SNACK:</b> “Band- Aid” Graham Crackers</p>
<p><b>BREAKFAST:</b> Cereal w/ Oranges, Milk</p> <p><b>LUNCH:</b> Sloppy Joes w/ Tater Tots, Green Beans, Bananas, Milk</p> <p><b>SNACK:</b> Cheese and Crackers</p>	<p><b>BREAKFAST:</b> Yogurt and Granola w/ Blueberries, Milk</p> <p><b>LUNCH:</b> Cheesy Chicken and Rice w/ Broccoli, Applesauce, Milk</p> <p><b>SNACK:</b> Oatmeal Cookies, Milk</p>	<p><b>BREAKFAST:</b> English Muffins w/ Jelly, Pears, Milk</p> <p><b>LUNCH:</b> Turkey Roll Ups w/ Corn, Pineapple, Milk</p> <p><b>SNACK:</b> Goldfish and Applesauce</p>	<p><b>BREAKFAST:</b> Pancakes, Strawberries, Milk</p> <p><b>LUNCH:</b> Baked Fish w, Mashed Pots, Carrots, Grapes, Milk</p> <p><b>SNACK:</b> Chex Mix, Milk</p>	<p><b>BREAKFAST:</b> Cinnamon on Toast, Apples, Milk</p> <p><b>LUNCH:</b> English Muffin Pizza, Cauliflower, Honeydew, Milk</p> <p><b>SNACK:</b> Cupcakes</p>
<p><b>BREAKFAST:</b> Cereal w/ Pears, Milk</p> <p><b>LUNCH:</b> Spaghetti w/ Meat Sauce, Salad, Honeydew, Breadsticks, Milk</p> <p><b>SNACK:</b> Teddy Grahams String Cheese, Milk</p>	<p><b>BREAKFAST:</b> French Toast Sticks, Apples, Milk</p> <p><b>LUNCH:</b> Baked Chicken, Rice, Carrots, Milk</p> <p><b>SNACK:</b> Chocolate Pudding, Milk</p>	<p><b>BREAKFAST:</b> Waffles, Kiwi, Milk</p> <p><b>LUNCH:</b> Ham and Cheese Omelets, Tater Tots, Cantaloupe, Milk</p> <p><b>SNACK:</b> Rice Crispy Treats</p>	<p><b>BREAKFAST:</b> Blueberry Muffins, Oranges</p> <p><b>LUNCH:</b> Lemon Pepper Baked Fish, Mixed Veggies, Apples, Milk</p> <p><b>SNACK:</b> Cheese Its Crackers, Milk</p>	<p><b>BREAKFAST:</b> English Muffins w/ Pineapple Milk</p> <p><b>LUNCH:</b> Pepperoni and Cheese Pinwheels, Chips, Bananas, Milk</p> <p><b>SNACK:</b> Party Mix</p>
<p><b>BREAKFAST:</b> Cereal w/ Peaches</p> <p><b>LUNCH:</b> Garlic Chicken, Mixed Veggies, Rice, Applesauce</p> <p><b>SNACK:</b> Chips and Dip</p>	<p><b>BREAKFAST:</b> Cinnamon Rolls, Blueberries, Milk</p> <p><b>LUNCH:</b> Beef Nachos, Beans, Honeydew, Milk</p> <p><b>SNACK:</b> Vanilla Wafer Apples Milk</p>	<p><b>BREAKFAST:</b> Pumpkin Pancakes w/ Bananas, Milk</p> <p><b>LUNCH:</b> Mummy Pepperoni Pizza w/ Cucumber Witches, Oranges, Milk</p> <p><b>SNACK:</b> Ghost String Cheese and Crackers</p>	<p><b>BREAKFAST:</b> Oatmeal Bars, Strawberries, Milk</p> <p><b>LUNCH:</b> Four Cheese Ravioli, Cauliflower, Apples, Breadsticks, Milk</p> <p><b>SNACK:</b> Peach Cobbler</p>	<p><b>BREAKFAST:</b> Strawberry Bread, Bananas, Milk</p> <p><b>LUNCH:</b> Broccoli Cheddar Soup, Ham and Cheese Sand., Cantaloupe, Milk</p> <p><b>SNACK:</b> Goldfish</p>

