

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
CLOSED NEW YEARS EVE	CLOSED NEW YEARS EVE	2. BREAKFAST: Cereal w/ Apples, Milk LUNCH: Turkey Quesadillas, Refried Beans, Corn, Milk SNACK: Vanilla Waffers, Cheese	3. BREAKFAST: Yogurt & Granola, Blueberries, Milk LUNCH: Honey Glazed Ham, Green Beans, Mashed Potatoes, Pears, Milk SNACK: Veggies & Dip	4. BREAKFAST: Bagels w/ Cream Cheese, Peaches, Milk LUNCH: Pepperoni Pizza, Cauliflower, Oranges, Milk SNACK: Party Mix
7. BREAKFAST: Cereal w/ Pears, Milk LUNCH: Chicken Bacon	8. BREAKFAST: French Toast, Blueberries, Milk LUNCH: Spaghetti w/	9. BREAKFAST: Waffles w/ Strawberries, Milk LUNCH: Bean Burritos,	10. BREAKFAST: Bagles w/ Cream Cheese, Apples, Milk	11. BREAKFAST: Yogurt w/ Granola, Peaches, Milk
Ranch Pasta, Broccoli, Applesauce, Rolls, Milk SNACK: Graham Crackers	Beef, Green Beans, Breadsticks, Oranges, Milk SNACK: Chex Mix and	Spanish Rice, Corn, Kiwi, Milk SNACK: Banana	LUNCH: Biscuits and Gravy, Cheesy Hash browns, Carrots, Milk	LUNCH : Breaded Fish, Cauliflower, Pineapple, Milk
and String Cheese	Apples, Milk	Oatmeal Cookies	SNACK: Pretzel Salad, Milk	SNACK: Rice Crispy
14. BREAKFAST: Cereal w/ Apples, Milk	15. BREAKFAST: Cinnamon Toast, Bananas, Milk	16. BREAKFAST: Cheerio Oatmeal Cereal Bars, Oranges, milk	17. BREAKFAST : English Muffins w/ Jelly, Applesauce, Milk	18. BREAKFAST : Waffles w/ Kiwi, Milk
LUNCH : Teriyaki Chicken, Rice, Mixed Veggies, Pears, Milk	LUNCH: Turkey and Gravy w/ Tater Tots, Peaches, Milk	LUNCH: Beefy Mac & Cheese, Broccoli, Strawberries, Roll,	LUNCH: French Toast, Sausage, Pineapple, Milk	LUNCH: Ham and Cheese Roll-Ups, Peas, Mashed Potatoes, Blueberries, Milk
SNACK: Goldfish and Veggies	SNACK: Cucumber Tomato Cream Cheese	Milk SNACK: Crackers and Cheese	SNACK: Fruit Parfait	SNACK: Chocolate Chip Cookies
21. BREAKFAST: Cereal w/ Apples, Milk	BREAKFAST: Pancakes, Pears, Milk	BREAKFAST: Berry Muffins, Peaches, Milk	24. BREAKFAST: Cinnaomon Rolls, Bananas, Milk	25. BREAKFAST: Banana Bread, Strawberries, Milk
LUNCH: BBQ Chicken, Mashed Potatoes, Green Beans, Oranges, Milk	LUNCH: Lemon Pepper Fish, Peas, Rice, Applesauce, Milk	LUNCH: Beef Enchiladias, Beans, Corn, Pineapple, Milk	LUNCH: Buscitus and Gravy, Eggs, Kiwi, Milk	LUNCH: Pizza Pockets, Cauliflower, Blueberries Milk
SNACK: Crackers and Dip	SNACK: Graham Crackers and Cheese	SNACK: Fish in a River	SNACK: Cucumber Salad	SNACK: Brownies
28. BREAKFAST: Cereal w/ Pears, Milk	29. BREAKFAST: Waffles w/ Blueberries, Milk	30. BREAKFAST: Cinnamon Toast w/ Bananas, Milk	31. BREAKFAST: Eggs and Sausage, Strawberries, Milk	1. BREAKFAST: Bagels & Cream Cheese w/ Applesauce, Milk
LUNCH: Hot ham & cheese sand. tomato soup, apples milk	LUNCH: Garlic Baked Chicken, Carrots, Tater Tots, Oranges, Milk	LUNCH : Goulash, Broccoli, Peaches, Breadsticks, Milk	LUNCH : Turkey Roll-Up Mixed Veggies, Pineapple, Milk	LUNCH : Tuna Noodle Casserole, Kiwi, Crackers, Milk
SNACK: Pretzels & spinach dip	SNACK: Hummus and Veggie Sticks, Milk	SNACK: Vanilla Wafers and Pudding	SNACK: Fruit and Granola, Milk	SNACK: Smoothie Popsicles