



February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 BREAKFAST: Waffles, Bananas, Milk LUNCH: Beef Stroganoff, Green Beans, Mixed Fruit, Milk SNACK: Cheese & Crackers
4 BREAKFAST: Rice Krispies, Berries, Milk LUNCH: Hamburger Pizza, Corn, Apples, Milk SNACK: Edamame & Ritz	5 BREAKFAST: Pancakes, Sausage Patty, Milk LUNCH: Cucumber Ranch Turkey Wraps, Peaches, Milk SNACK: Chex-Mix & Milk	6 BREAKFAST: Bagel w/ Cream Cheese, Oranges, Milk LUNCH: Grilled Ham & Cheese Sandwich, Tomato Soup, Broccoli, Milk SNACK: Cottage Cheese & Carrots	7 BREAKFAST: Oatmeal, Pears, Milk LUNCH: Taco Salad w/Beef & Black Beans, Tortillas Chips, Melon, Milk SNACK: Breadsticks w/ Marinara & Milk	8 BREAKFAST: French Toast Sticks, Apples, Milk LUNCH: Meatball Sub, Green Beans, Mixed Fruit, Milk SNACK: Cheese & Crackers
11 BREAKFAST: Corn Flakes, Apples, Milk LUNCH: Goulash w/Beef, Corn, Oranges, Milk SNACK: Grapes & Cheese	12 BREAKFAST: English Muffins, Peaches, Milk LUNCH: Ham, Cheese & Egg Burrito, Banana, Hash Browns, Milk SNACK: Graham Crackers & Milk	13 BREAKFAST: Waffles, Pineapple, Milk LUNCH: Chicken Noodle Soup w/Mixed Veggies, Melon, Milk SNACK: Muffins & Applesauce	14 BREAKFAST: Biscuits & Gravy, Oranges, Milk LUNCH: Turkey Sub Sandwich, Carrots, Green Beans, Milk SNACK: Goldfish & Milk	15 BREAKFAST: Cinnamon Toast, Pears, Milk LUNCH: Cheesy Chicken & Rice, Broccoli, Mixed Fruit, Milk SNACK: Cheese & Crackers
18 BREAKFAST: Cheerios, Peaches, Milk LUNCH: Chicken Quesadillas, Corn, Melon, Milk SNACK: Apples & Yogurt	19 BREAKFAST: Bagel w/ Cream Cheese, Oranges, Milk LUNCH: Lemon Pepper Fish, Roll, Carrots, Bananas, Milk SNACK: Cheesy Garlic Bread & Milk	20 BREAKFAST: Pancakes, Applesauce, Milk LUNCH: Chili, Saltine Crackers, Mixed Veggies, Pears, Milk SNACK: Oranges & Ritz	21 BREAKFAST: Oatmeal, Blueberries, Milk LUNCH: BBQ Chicken, Mashed Potatoes, Grapes, Breadsticks, Milk SNACK: Chex- Mix & Milk	22 BREAKFAST: Egg Casserole, Bananas, Milk LUNCH: Cheeseburger Casserole (WG), Green Beans, Mixed Fruit, Milk SNACK: Cheese & Crackers
25 BREAKFAST: Rice Krispies, Apples, Milk LUNCH: Sloppy Joes, Green Beans, Peaches, Milk SNACK: Spinach Dip & Pita Bread	26 BREAKFAST: Waffles, Bananas, Milk LUNCH: Eggs & Ham, Tater Tots, Roll, Orange s, Milk SNACK: Goldfish (WG) & Milk	27 BREAKFAST: Pita Pocket & Sausage, Oranges Milk LUNCH: Chicken Alfredo, Broccoli, Grapes, Milk SNACK: Animal Crackers (WG) & Milk	28 BREAKFAST: Oatmeal, Blueberries, Milk LUNCH: Beef Tacos, Corn, Melon, Milk SNACK: Muffins & Milk	1 BREAKFAST: Cinnamon Toast, Bananas, Milk LUNCH: Grilled Turkey & Cheese, Mixed Veggies, Apples, Milk SNACK: Cheese & Crackers