



Sweet Beginnings Early Learning Center

March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 BREAKFAST: Waffles, bananas & milk LUNCH: Beef Stroganoff, Green Beans, Mixed Fruit, Milk SNACK: Cheese & Crackers
4 BREAKFAST: Rice Krispies, Oranges Milk LUNCH: BBQ Chicken, Mashed Potatoes, Roll, Apples, Milk SNACK: Tortilla Chips & Salsa	5 BREAKFAST: Pancakes, Bananas, Milk LUNCH: Beef Stroganoff, Corn, Melon, Milk SNACK: Chex-Mix & Milk	6 BREAKFAST: Bagel w/Cream Cheese, Oranges, Milk LUNCH: Vegetable Beef Soup, Saltines, Pears, Milk SNACK: Mixed Berries & Yogurt	7 BREAKFAST: Oatmeal, Pears, Milk LUNCH: Bean & Cheese Burrito, Peas, Peaches, Milk SNACK: Corn Muffin & Milk	8 BREAKFAST: French Toast, Bananas, Milk LUNCH: Hot Ham & Cheese Sandwich, Broccoli, Mixed Fruit, Milk SNACK: Cheese & Crackers
11 BREAKFAST: Corn Flakes, Oranges, Milk LUNCH: Spaghetti w/Beef, Garlic Bread, Peas, Apples, Milk SNACK: Edamame & Pretzels	12 BREAKFAST: Waffles, Bananas, Milk LUNCH: Chicken Alfredo, Carrots, Pineapple, Milk SNACK: Graham Crackers & Milk	13 BREAKFAST: English Muffin w/Jelly, Apples, Milk LUNCH: Baked Ham & Cheese Sandwich, Tomato Soup, Melon, Milk SNACK: Cottage Cheese & Cucumbers	14 BREAKFAST: Biscuits & Gravy, Blueberries, Milk LUNCH: Meatball Sub, Green Beans, Oranges, Milk SNACK: Animal Crackers & Milk	15 BREAKFAST: Cinnamon Toast, Pears, Milk LUNCH: Turkey Roll-up, Mashed Potatoes, Broccoli, Milk SNACK: Cheese & Crackers
18 BREAKFAST: Bran Flakes, Oranges, Milk LUNCH: French Toast, Ham, Hash Browns, Peaches, Milk SNACK: Apples & Yogurt	19 BREAKFAST: Scrambled Eggs, Bananas, Milk LUNCH: Taco Salad, Corn, Melon, Milk SNACK: Goldfish & Milk	20 BREAKFAST: Pancakes Applesauce, Milk LUNCH: Broccoli Potato Cheddar Soup, Peaches, Saltine Crackers, Milk SNACK: Cottage Cheese & Cucumbers	21 BREAKFAST: Biscuit, Sausage, Blueberries, Milk LUNCH: Chicken Strips Carrots & Cucumbers, Apples, Milk SNACK: Chex-Mix & Milk	22 BREAKFAST: Toast w/jelly, Oranges, Milk LUNCH: Tater Tots Casserole, Mixed Fruit, Milk SNACK: Cheese & Crackers
25 BREAKFAST: Cheerios, Oranges, Milk LUNCH: Turkey Sub, Carrots & Cucumber, Applesauce, Milk SNACK: Graham Crackers & Yogurt	26 BREAKFAST: Oatmeal Peaches, Milk LUNCH: Chicken Macaroni Salad, Peas, Pineapple, Milk SNACK: Animal Crackers & Milk	27 BREAKFAST: Biscuit w/Jelly, Strawberries, Milk LUNCH: Chicken Noodle Soup, Pears, Saltine Crackers, Milk SNACK: Fruit Sushi Roll w/Tortilla	28 BREAKFAST: Waffles (WG), Blueberries, Milk LUNCH: Spaghetti w/meat sauce, Green Beans, Mango, Milk SNACK: Pretzels & milk	29 BREAKFAST: Lemon Muffins, Applesauce, Milk LUNCH: Chicken Pot Pie Casserole w/ Mixed Veggies, Mixed Fruit, Milk SNACK: Cheese & Crackers