



Sweet Beginnings Early Learning Center

April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 BREAKFAST: Cheerios Apples, Milk LUNCH: Mac & Cheese w/Ham & Spinach, Peas, Oranges, Milk SNACK: Graham Crackers & Yogurt</p>	<p>2 BREAKFAST: Biscuits & Gravy, Peaches, Milk LUNCH: BBQ Chicken, Potato Salad, Grapes, Breadstick, Milk SNACK: Wheat Thins & Milk</p>	<p>3 BREAKFAST: English Muffin w/Jelly, Oranges, Milk LUNCH: Turkey Roll- Up, Cucumbers, Watermelon, Milk SNACK: Mini Cheese Pizza</p>	<p>4 BREAKFAST: Sausage Biscuit, Blueberries, Milk LUNCH: Cheese Quesadilla, Bell Peppers, Peaches, Milk SNACK: Meatballs & Milk</p>	<p>5 BREAKFAST: Toast w/Jelly, Apples, Milk LUNCH: Hamburger Pizza, Corn, Mixed Fruit, Milk SNACK: Cheese & Crackers</p>
<p>8 BREAKFAST: Rice Krispies, Oranges, Milk LUNCH: Beef Stroganoff, Green Beans, Peaches, Milk SNACK: Edamame & Cottage Cheese</p>	<p>9 BREAKFAST: Pancakes, Applesauce, Milk LUNCH: Turkey, Roll, Peas, Mashed Potatoes, Milk SNACK: Chex- Mix & Milk</p>	<p>10 BREAKFAST: Bagel w/ Cream Cheese, Peaches, Milk LUNCH: Lemon Pepper Fish, Breadstick, Broccoli, Pineapple, Milk SNACK: Oranges & Pretzels</p>	<p>11 BREAKFAST: Oatmeal, Pears, Milk LUNCH: Black Beans, Corn, Lettuce, Tomatoes, Rice, Milk SNACK: Cheesy Garlic Bread & Milk</p>	<p>12 BREAKFAST: Pita Pocket w/ Sausage, Milk LUNCH: Chicken Enchiladas , Cucumbers, Mixed Fruit, Milk SNACK: Cheese & Crackers</p>
<p>15 BREAKFAST: Corn Flakes, Oranges, Milk LUNCH: Goulash w/Beef, Broccoli, Applesauce, Milk SNACK: Cucumbers & Cheese</p>	<p>16 BREAKFAST: Waffles, Pineapple, Milk LUNCH: Cheeseburger Corn, Peaches, Milk SNACK: Apples Muffins & Milk</p>	<p>17 BREAKFAST: Scrambled Eggs, Apples, Milk LUNCH: Turkey & Cheese Pinwheels Carrots, Celery, Milk SNACK: Yogurt & Mixed Berries</p>	<p>18 BREAKFAST: Biscuits & Gravy, Blueberries, Milk LUNCH: Tuna Casserole, Peas, Cantaloupe, Milk SNACK: Animal Crackers & Milk</p>	<p>19 BREAKFAST: English Muffin w/Jelly, Pears, Milk LUNCH: French Toast Ham, Hash Brown, Mixed Fruit, Milk SNACK: Cheese & Crackers</p>
<p>22 BREAKFAST: Bran Flakes, Apples, Milk LUNCH: Meatloaf, Saltine Crackers, Green Beans, Oranges, Milk SNACK: Goldfish & Celery</p>	<p>23 BREAKFAST: Pancakes, Grapes, Milk LUNCH: Italian Chicken, Side Salad, Breadstick, Peaches, Milk SNACK: Baked Zucchini & Milk</p>	<p>24 BREAKFAST: Bagel w/ Cream Cheese, Applesauce, Milk LUNCH: Grilled Ham & Cheese Sandwich, Carrots, Pears, Milk SNACK: Spin Dip & Wheat Thins</p>	<p>25 BREAKFAST: Sausage Biscuit, Blueberries, Milk LUNCH: Tater Tot Casserole w/ Beef, Roll, Pineapple, Milk SNACK: Breadsticks & Milk</p>	<p>26 BREAKFAST: Waffles, Melon, Milk LUNCH: Cucumber Ranch Turkey Wrap, Mixed Fruit, Milk SNACK: Cheese & Crackers</p>
<p>29 BREAKFAST: Cheerios, Peaches, Milk LUNCH: Bacon Ranch Chicken Salad, Breadstick, Oranges, Milk SNACK: Cheeze-its & Apples</p>	<p>30 BREAKFAST: Waffles, Pineapple, Milk LUNCH: Cheeseburger Corn, Peaches, Milk SNACK: Apples Muffins & Milk</p>			